



**Respite**  
**Innovations Waiver**

**Description:** Respite services provide periodic support and relief to the primary caregiver(s) from the responsibility and stress of caring for the participant.

**Philosophy:** To provide care and assistance of daily living when an individual is dependent on others to ensure health and safety. Interventions with the participant are designed to achieve outcomes in the plan of care.

**Program Goals:** To enable the primary caregiver to participate in planned and emergency events.

**Service Modalities:** Services may be provided in the participant’s home or the home of the respite provider if such has been approved by the agency.

**Population Served:** Adults with intellectual or developmental disabilities, typically participants of the Innovations Waiver, formerly known as CAP Waiver.

**Resources:** This service is typically paid through the Innovations Waiver but private pay arrangements can be made.

**CARF Accredited Service:** Community Services: Respite Services

**Service Definition Requirements:** This service cannot exceed 10 days and cannot be billed in the same day as Residential Supports.

Associate Professionals and Paraprofessionals may deliver this service to assist the consumer. A Qualified Professional must supervise all Associate Professionals and Paraprofessionals providing this service. Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204 and according to licensure or certification requirements of the appropriate discipline.

Direct care staff must meet requirements for paraprofessional in 10A NCAC 27G .0100-.0200. Client-specific competencies to be met as identified by the individual’s person-centered planning team and documented in the plan of care. Direct care staff must have a criminal record check. A healthcare registry check is required in accordance with 10A NCAC 27G.0200. Driving record must be checked if providing transportation. A QP must supervise all Associate Professionals and Paraprofessionals providing this service. Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204 and according to licensure or certification requirements of the appropriate discipline.

<b>This forms meets these standards</b>
Authority: CARF 2013 BH 2.A.8, 2.A.1