



Specialized Consultative Services **Innovations**

Program Description: Specialized Consultation Services provide expertise, training and technical assistance in a specialty area (psychology, behavior intervention, speech therapy, therapeutic recreation, augmentative communication, assistive technology equipment, occupational therapy, physical therapy or nutrition) to assist family members, support staff and other natural supports in assisting participants with developmental disabilities who have long term intervention needs.

Philosophy: Our treatment philosophy is simple by nature. It's a belief that all humans have the same intrinsic needs. We need to feel safe. We need to feel loved. We need a family that makes us feel valued. We need strong and reliable relationships that support our success at home and in the community. We need to be able to find goodness and value within ourselves. Our goal at Alberta is to fulfill these needs for the clients we serve. We strive to provide an environment that will nurture the spirit and build self-esteem in every life we come in contact with.

Program Goals:

1. Observe the participant to determine needs;
2. Assess any current interventions for effectiveness;
3. Develop a written intervention plan;
4. Intervention plan will clearly delineate the interventions, activities and expected outcomes to be carried out by family members, support staff and natural supports;
5. Train relevant persons to implement the specific interventions/support techniques delineated in the intervention plan and to observe, record data and monitor implementation of therapeutic interventions/support strategies;
6. Review documentation and evaluate the activities conducted by relevant persons as delineated in the intervention plan with revision of that plan as needed to assure progress toward achievement of outcomes;
7. Train and provide technical assistance to relevant persons to instruct them on the implementation of the participant's intervention plan;
8. Participate in team meetings; and/or
9. Tele-consultation through use of two-way, real time-interactive audio and video between places of lesser and greater clinical expertise to provide behavioral and psychological care when distance separates the care from the participant.

Service Modalities: Under this model, family members and other paid/unpaid caregivers are trained by a certified, licensed, and/or registered professional, or qualified assistive technology professional to carry out therapeutic interventions, consistent with the Individual Support Plan, therefore increasing the effectiveness of the specialized therapy. This service will also be utilized to allow specialists defined to be an integral part of the Individual Support Team to participate in team meetings and provide additional intensive consultation and support for participants whose medical and/or



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behavioral /psychiatric needs are considered to be extreme or complex. The participant may or may not be present during service provision. The professional and support staff are able to bill for their service time concurrently.

Population Served: Specialized Consultative Services are available to Innovations Waiver participants based on needs and the Individual Budget. Minimal requirements for Innovations Waiver participants include the diagnosis of a developmental disability and ICF-MR level of care eligibility. Examples of developmental disabilities include, but are not limited to: Mental Retardation, Cerebral Palsy, Downs Syndrome, Autistic Disorder, Traumatic Brain Injuries, etc. Disabilities can be manifested cognitively and/or adaptively.

Resources: This service is typically paid through the Innovations Waiver but private pay arrangements can be made.

CARF Accredited Service: Employment and Community Services: Behavioral Consultation Services

This forms meets these standards

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