



## **In-Home Skill Building** **Innovations Waiver**

**Description:** In-Home Skill Building provides habilitation and skill building to enable the participant to acquire and maintain skills, which support independence. In-Home Skill Building augments the family and natural supports of the participant and consists of an array of services that are required to maintain and assist the participant to live in community settings.

**Philosophy:** In-Home Skill Building is provided when a primary caregiver is home or when that primary caregiver is regularly scheduled to be absent. In-Home Skill Building is individualized, specific, and consistent with the participant's assessed disability specific needs and is not provided in excess of those needs. In-Home Building is furnished in a manner not primarily intended for the convenience of the participant, primary caregiver, the provider, employer of record or the managing employer. This service is distinctive from personal care by the presence of training. The mixture of in-home skill building and personal care must be specified in the Individual Support Plan. It is anticipated that the presence of In-Home Skill Building will result in a gradual reduction in hours as the participant is trained to take on additional tasks and masters skills (fading plan). A formal plan is not required.

**Program Goals:** In-Home Skill Building consists of

1. Training in interpersonal skills and development and maintenance of personal relationships
2. Skill building to support the participant in increasing community living skills. Such as shopping, recreation, personal banking, grocery shopping and other community activities
3. Training with therapeutic exercises, supervision of self-administration of medication and other services essential to the healthcare at home, including transferring, ambulation and use of special mobility devices
4. Transportation to support implementation of in-home skills building

**Service Modalities:** These services are provided in the participant's private home and not in the home of the direct service employee. In-Home Skill Building Services must start and/or end at the home of participant.

**Population Served:** Adults with intellectual or developmental disabilities, typically participants of the Innovations Waiver, formerly known as CAP Waiver.

**Resources:** This service is typically paid through the Innovations Waiver but private pay arrangements can be made.

**CARF Accredited Service:** Community Services: Community Integration

**Service Definition Requirements:** This service is not provided to participants who receive Residential Supports.



## ALBERTA PROFESSIONAL SERVICES, INC.

Associate Professionals and Paraprofessionals may deliver this service to assist the consumer. A Qualified Professional must supervise all Associate Professionals and Paraprofessionals providing this service. Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204 and according to licensure or certification requirements of the appropriate discipline.

Direct care staff must meet requirements for paraprofessional in 10A NCAC 27G .0100-.0200. Client-specific competencies to be met as identified by the individual's person-centered planning team and documented in the plan of care. Direct care staff must have a criminal record check. A healthcare registry check is required in accordance with 10A NCAC 27G.0200. Driving record must be checked if providing transportation. A QP must supervise all Associate Professionals and Paraprofessionals providing this service. Supervision must be provided according to supervision requirements specified in 10A NCAC 27G.0204 and according to licensure or certification requirements of the appropriate discipline.

<b>This forms meets these standards</b>
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