



Alternative Family Living (AFL) Homes

Residential Supports – Levels 1-4

Program Description: Alberta Professional Services provides this service to meet the habilitation and personal care needs of individuals living in licensed or unlicensed alternative family living homes (AFL). It is designed to provide flexibility and reflect the natural flow of a person's day. Residential Supports provide assistance with acquisition, retention, or improvement in skills related to activities of daily living, such as personal grooming and cleanliness, bed making and household chores, eating and the preparation of food, and the social and adaptive skills necessary to enable the individual to reside in a non-institutional setting. This service also provides assistance, support, supervision, and monitoring that allow individuals to participate in home or community activities.

Philosophy: Our staff is concerned that each individual achieve their highest level of independence with whatever assistance is necessary. Toward that end, each individual works with their team to set goals that they would like to achieve. We are looking to provide a safe, healthy, productive, and happy life for each person that chooses to live with us.

Program Goals: This service is distinctive in that it includes habilitation and training activities, as well as care and assistance with activities of daily living when the individual is dependent on others to ensure health and safety. Interactions with the person are designed to achieve outcomes identified in the Individualized Service Plan (ISP). Support and supervision of the person's activities to sustain skills gained through habilitation and training are also acceptable goals of Residential Supports.

Service Modalities: Residential Supports is a blended service that includes habilitation, training and instruction with elements of support, supervision and engaging participation to reflect the natural flow of training, practice of skills, and other activities as they occur during the course of the person's day.

Population Served: Adults and children with intellectual or developmental disabilities. AFL residents are typically participants of the Innovations Waiver, formerly known as CAP Waiver.

Resources: This service is typically paid through the Innovations Waiver but private pay arrangements can be made.

CARF Accredited Service: Employment and Community Services: Host Family Services/Shared Living Program

Service Definition Requirements: Staff must demonstrate client specific competencies as identified by the individual's person-centered planning team and documented in the plan of care. Staff must meet the requirements for paraprofessionals in 10A NCAC 27G.0200



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Direct care staff must have a criminal record check, a healthcare registry check, and their driving record must be checked if staff is providing transportation.

Supervision by a Qualified Professional must be provided according to supervision requirements specified in 10A NCAC 27G.0204 and according to licensure or certification requirements of the appropriate discipline

Individuals living in licensed settings may use this service to provide habilitation and support in community living activities such as shopping and leisure activities in the community.

Residential Supports may not be provided at the same time of day that a person receives: Adult Day health, Day Supports, the community component of Home and Community Supports, Respite, Supported Employment, or Transportation. The community component of Home and Community Supports may be used with Residential Supports only to meet the day programming needs of individuals who have chosen not to receive their day programming needs through a licensed facility.

This forms meets these standards

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