Resources for “Three Considerations in Gender-Affirming Foster Care”

Data

<https://www.childrensrights.org/wp-content/uploads/2019/04/2019.02.12-LGBTQ-Youth-in-Unstable-Housing-and-Foster-Care.pdf> - “LGBTQ Youth in Unstable Housing and Foster Care” assess whether LGBTQ foster kids are overly represented in unstable housing. Provides data in the disparities present for LGBTQ kids.

<https://www.thetrevorproject.org/survey-2021/?section=AffirmingSpaces> Provides data on LGBTQ youth mental health and what impacts their well-being.

Definitions

<https://www.hrc.org/resources/sexual-orientation-and-gender-identity-terminology-and-definitions?utm_source=GS&utm_medium=AD&utm_campaign=BPI-HRC-Grant&utm_content=454931391503&utm_term=what%20is%20the%20difference%20between%20sex%20and%20gender&gclid=Cj0KCQjwmPSSBhCNARIsAH3cYgb_vpzkIFgxHRprYaNhjXcox3OHt8Jdbzk-DIrtNav7z6aJD8kTVp8aAjPyEALw_wcB>

Sexual Orientation and gender identity definitions

<https://youth.gov/youth-topics/lgbtq-youth/key-terms-and-concepts> Definitions of key terms and concepts related to gender identity and sexual orientation

<https://ok2bme.ca/resources/kids-teens/what-does-lgbtq-mean/> What does LGBTQ mean? Definitions for key terms used to identify the LGBTQ+ community.

Why pronouns are important

<https://www.seventeen.com/life/a12095244/heres-why-gender-pronouns-are-so-important/> Understanding the importance of pronouns to affirm identity.

Safe Space

<https://safespacetraining.org>

Safe space training for individuals and groups

<https://www.oregon.gov/DHS/CHILDREN/FOSTERPARENT/Documents/foster-care-16-ways-safe-space.pdf>

16 ways to create safe space in foster care. A very good list of suggestions for foster parents and agencies

<https://www.thetrevorproject.org/survey-2021/?section=AffirmingSpaces>

The definitive source of LGBTQ mental health status 2021

<https://www.thetrevorproject.org/resources/article/creating-safer-spaces-in-schools-for-lgbtq-youth/> How to create safe spaces in schools and why that’s important

Bullying

<https://ed.buffalo.edu/content/dam/ed/alberti/docs/Bullying-Cyberbullying-LGBTQ-Students.pdf> Cyber bullying and special considerations for LGBTQ youth

<https://www.cdc.gov/lgbthealth/youth.htm>

Mental Health Resources

<https://www.thetrevorproject.org/resources/article/resources-for-mental-health-support/> Mental health resources and definitions for LGBTQ youth

Suicide Prevention

<https://save.org> Suicide prevention support for all. Support groups for survivors, education, and training.

<https://suicidepreventionlifeline.org/help-yourself/lgbtq/> Focused suicide prevention for LGBTQ

<https://suicidepreventionlifeline.org/wp-content/uploads/2022/01/National_SPA.pdf> Safety plan template

Find an Inclusive Therapist

<https://www.inclusivetherapists.com> Database of gender-affirming therapist near you

Trans resources

<https://translifeline.org/binding-guide/?gclid=CjwKCAjw3cSSBhBGEiwAVII0Z7ScniW1_MQo_CWM4ct0217HNn7CIyfICQuEh_Llw5qDCCc8JsMnaRoCx8wQAvD_BwE&__cf_chl_f_tk=SkcY52wwDcTDXFg5y_KuP8cbT67rbCMGmUiRsTHoiPo-1650833219-0-gaNycGzNCH0> A binding guide for all genders and gender expressions

<https://www.usbirthcertificates.com/articles/how-to-legally-change-your-name#gender-identity> How to legally change your name

<https://www.plannedparenthood.org/planned-parenthood-mar-monte/patient-resources/gender-affirming-care> Resource for hormone replacement therapy

<https://transequality.org/sites/default/files/docs/resources/Trans-People-Bathroom-Access-July-2016.pdf> Bathroom access for transgender people

Resources for Families

<https://www.lgbtmap.org/policy-and-issue-analysis/advancing-acceptance-for-parents> Family Support: Resources for Families of transgender and gender diverse children

Find an LGBTQ center near you

<https://www.lgbtcenters.org/LGBTCenters/State/26/North-Carolina>

Gender Affirming Care for Young People provided by the Office of Population Affairs

<https://opa.hhs.gov/sites/default/files/2022-03/gender-affirming-care-young-people-march-2022.pdf>