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# Programs

iCan Shine is committed to offering a variety of programs to enrich and impact the lives of people disabilities.

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## Our Programs

Currently our iCan programs offered to people with disabilities include:

- iCan Bike
- iCan Swim
- iCan Dance

### iCan Bike:

iCan Bike programs are for people with disabilities ages eight and up. We understand that the vast majority of people with disabilities never experience the thrill of independently riding a two-wheel bicycle in their lifetime. For example, recent research shows that over 80% of people with Autism and 90% of people with Down syndrome never learn to ride a two-wheel bicycle. Defying these odds is why we exist!

Our bike camps occur predominantly in the summer months but also during week-long school breaks. We collaborate primarily with local charities, parks and recreation departments, colleges, universities,

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fixed fee for our iCan Bike camp remains the same regardless of how many riders the host facility accommodate (between 20 and 40 riders).

For more details about hosting one of our iCan Bike Camps, please visit our [iCan Bike Host page](#).

## iCan Swim:

iCan Swim programs are for people with disabilities ages three and up. We collaborate primarily with charities, parks and recreation departments, colleges, universities, motivated parents and other individuals we refer to as our camp 'hosts' who secure a local facility and recruit swimmers and volunteer staff, a few of which are trained and certified as Adapted Aquatics Instructors, for the 5-day (M – F) camp.

Hosts pay us a fixed fee to conduct these 5-day camps which consist of five 45 to 60-minute swim sessions per day with a range of three to six swimmers per session. The number of swimmers per session depends on the square footage of the available swim area of the host-provided facility and the host's recruiting efforts. The fixed fee for our iCan Swim camp remains the same regardless of how many total swimmers (between 15 and 30 swimmers).

For more details about hosting one of our iCan Swim Camps, please visit our [iCan Swim Host page](#).

## iCan Dance:

iCan Dance programs are for people with disabilities ages eight and up. We collaborate primarily with charities, parks and recreation departments, colleges, universities, motivated parents and other individuals we refer to as our camp 'hosts' who secure a local facility and recruit dancers and volunteers for the 5-day (M – F) camp. At our iCan Dance programs, with the help of one to two volunteers, dancers learn moves combined in a choreographed routine culminating in an on stage performance on the last day.

Hosts pay us a fixed fee to conduct these 5-day camps which consist of five 60-minute dance sessions per day with a range of four to eight dancers per session for a dance camp. The number of dancers per session depends on the square footage of the available dance area of the host-provided facility and the host's recruiting efforts. The fixed fee for our iCan Dance camp remains the same regardless of how many dancers (between 20 and 40 dancers).

For more details about hosting one of our iCan Dance Camps, please visit our [iCan Dance Host page](#).

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## Testimonials

"Yes! It was wonderful - they did a great job with the campers, were approachable with parents, campers and us. They are energetic, they don't get stressed with challenges, and they both were very organized. Staff was very responsive to e-mails and pre-camp phone calls. Your staff did a stellar job and we love the product - kids fulfilling dreams through riding their bikes! Once again, we LOVE bike camp!"

[Read More Testimonials](#)[Share Your Testimonial](#)

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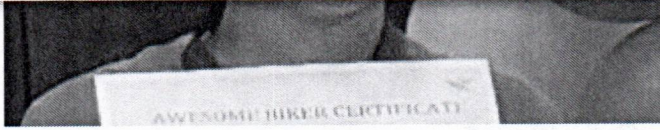
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## Shining Volunteer